



Sree Narayana Mission(Singapore)

# DARSHANAM

ISSUE 01. 2019

## 70th Anniversary Pooja

On 18 June 2018, Sree Narayana Mission (SNM) celebrated its 70th year anniversary. A special Guru Pooja attended by SNM members was held at the Mission, followed by a cake-cutting ceremony and a vegetarian dinner. This event was the first in a series of celebrations to mark SNM's 70th anniversary.



## Charity Transparency Award 2018

SNM won the Charity Transparency Award 2018 for the first time, a testament to its high standards of corporate governance and transparency. SNM is one of 47 charities to win this award, among the over 2000 registered charities in Singapore. SNM will continue to meet the highest levels of governance and will work towards attaining the next tier of corporate governance awards, the Charity Governance Award.



## Chathayam 2018



As a show of solidarity with the victims of the August 2018 Kerala flood crisis, SNM scaled down its Chathayam celebrations to mark the Guru's 164th Birth Anniversary. It held a Chathayam Observance on Sunday, 2 Sep 2018. The Saturday Cultural Programme was cancelled and Senior Minister of State Edwin Tong was invited as Guest-of-Honour, and Minister Ong Ye Kung as Special Guest. Members of the Inter-Religious Organisation Singapore were also invited to conduct a special joint prayer for the flood victims. SNM also partnered with the Singapore Red Cross to raise \$14,000.00 for the relief effort.

## MOU with Cycling Without Age



During the Chathayam Observance on 2 September 2018, SNM also signed a Memorandum of Understanding (MOU) with Cycling Without Age (CWA) at Chathayam 2018. SNMNH is first nursing home to participate in this initiative, launched by President Halimah Yacob on August 29, 2018.

Trained volunteers from SNM, CWA, and various other grassroots organisations will hop into specially designed e-trishaws which will take the elderly residents of SNMNH on scenic rides around the Nee Soon and Sembawang neighbourhoods. These rides will allow residents to explore and interact with the communities that have become their home away from home. It will also allow volunteers to engage in meaningful conversations with the residents, and encourage them to reminisce about the past and share their memories and experiences.



## So Woke Youth Symposium

On 6 October 2018, SNM Youth organised the So Woke Youth Symposium to highlight the importance of empathy in volunteering. The event saw youths taking part in meaningful discussions on a number of topics, including social mobility, racial and religious harmony, ageing and mental health. The event was co-organised with Ren Ci, Young Sikhs Association, Jamiyah Nursing Home, Club2Care and hash.peace.

Senior Minister of State Ms Sim Ann graced the event as Guest-of-Honour, taking part in some of the discussions and sharing with the youth her thoughts on the importance of volunteering. The Symposium was a great success, with close to a 100 participating in the talks and discussions. Following the success of the Symposium, SNM aims to host more youth-focused events and dialogue sessions in the future.



## SNM Community Forum 2019

On Saturday, 24 November 2018, Sree Narayana Mission Singapore (SNM), together with partners Agency for Integrated Care (AIC) and the Health Promotion Board (HPB), organised the second annual Indian Community Leaders Forum, titled Living Well & Ageing Well in the Indian Community.



This forum, the second of its kind, sought to bring together the broad spectrum of the Indian community and inform them of the various health initiatives that both the government and community organisations have put in place. It also served as a platform to engage the community in conversation on developing new, ground-up initiatives. Gracing the events were Guest-of-Honour Mr Amrin Amin, Senior Parliamentary Secretary, Ministry of Home Affairs & Ministry of Health, and Mr Tan Kwang Cheak, Deputy CEO of AIC.



## Collaboration with Lighting Hearts Lighting Homes

Lighting Hearts Lighting Homes (LHLH) is a ground-up initiative founded by a group of like-minded individuals who came together to spread the cheer of the Festival of Lights to underprivileged families in the community. This year, SNM partnered with LHLH in raising funds and donations-in-kind during the Deepavali period. Goodie bags filled with food items, festive treats and cash ang baos were given out to a total of 1,325 families. SNM will continue to work with LHLH to bring joy to the community.



## National Day Celebrations with Ace Seniors



On 10 August 2018, ACE Seniors organised a special National Day Celebration for SNM Nursing Home residents. More than 60 volunteers put up a National Day-themed show, including songs and dances and games for residents. The performances also included a dance number by SNMNH's very own Resident's Dance Club. The celebration continued with cake-cutting, followed by a Pasar Malam carnival in the dining hall. Thanks to ACE Seniors, the residents had a jolly good time!

## SNM Donation Draw 2019

On 1 December 2018, the SNM Donation Draw 2019 was launched. Tickets are available at Singapore Pools outlets across the island, as well as from the SNM Admin Office until 16 Mar 2019. The draw will be held on 30 Mar 2019 at 10 am. There will be a total of 3 top prizes, and 20 consolation prizes. All funds raised through ticket sales will go towards supporting the SNM Care Centres to help defray care fees for clients.



## Share a Pot

Share a Pot is a collaborative initiative with the Yishun Health and Tan Tock Seng Hospital under National Healthcare Group, aimed to build brawns, brains and bonds through broth. Under this initiative, seniors are encouraged to participate in light physical exercise, art & craft activities and enjoy a hearty meal - including a pot of nutritious soup.

The programme is developed to promote an active and healthy lifestyle among seniors while also providing them with an opportunity for social interaction. It is being held on Friday from 10am to 12pm at Sree Narayana Mission (Singapore), No: 12 Yishun Avenue 5 Singapore 768992. Please call Ms Leckchimi at 69559492 for more information, or drop by and sign up.



We appreciate the feedback of our readers. Please email us at [rajeshree@snm.org.sg](mailto:rajeshree@snm.org.sg)

**Sree Narayana Mission (Singapore)**

12 Yishun Avenue Singapore 768992 [www.sreenarayanamission.org](http://www.sreenarayanamission.org)

## Upcoming Events

### Volunteer and Donor Appreciation Day

SNM will hold the Annual Volunteer and Donor Appreciation Day on Saturday, 30 March 2019 from 9am – 12pm, at the Shaw Auditorium. This event is organised to thank all our volunteers, donors and well-wishers for the valuable contribution, services and support they have provided SNM and its beneficiaries.

### 70th Anniversary Dinner

To cap off SNM's 70th anniversary celebrations, a Dinner will be held on Friday, 10 May 2019, at the Orchid Country Club. President Halimah Yacob will grace the event as Guest-of-Honour. We cordially invite all members to attend this milestone event. More details on the dinner will be sent out soon.



Sree Narayana Mission Singapore

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