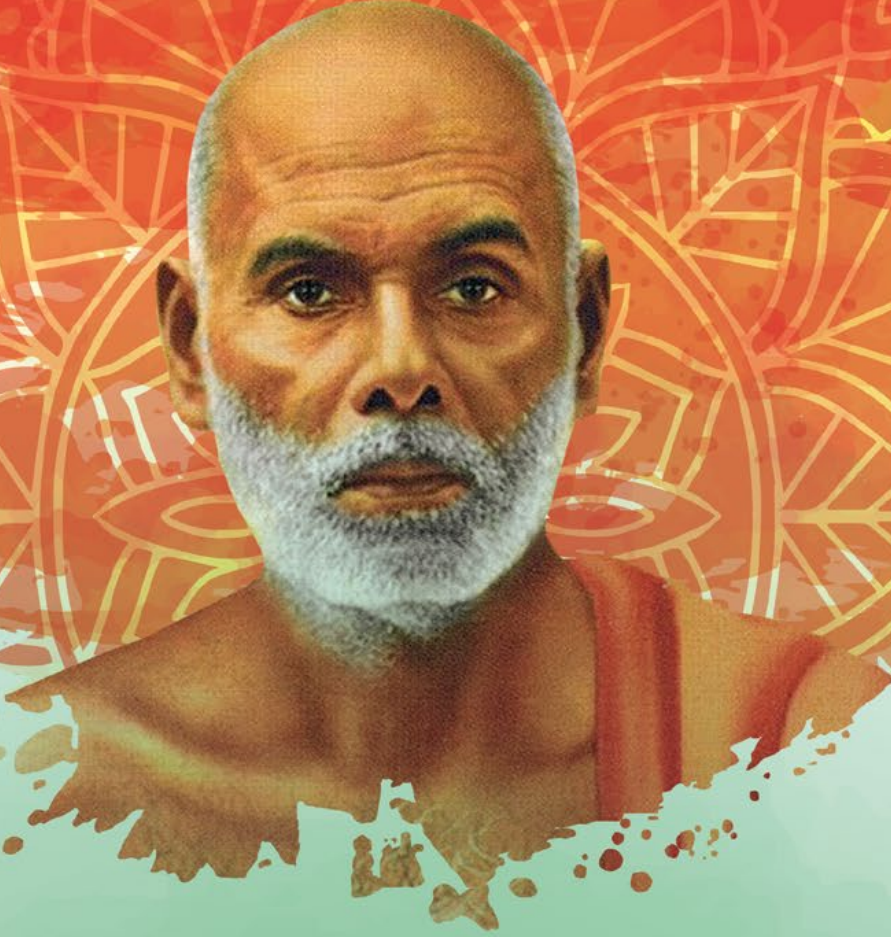




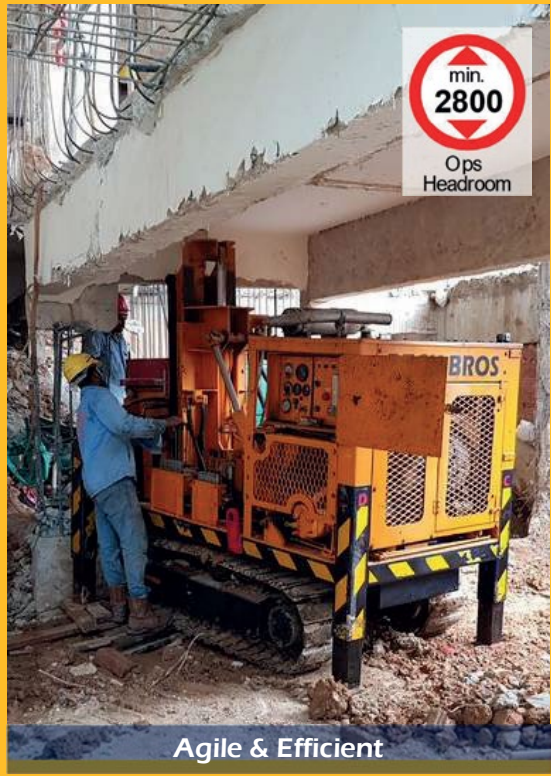
Sree Narayana Mission
(Singapore)



Annual Souvenir Publication 2022

Celebrating the 168th Birth Anniversary of Sree Narayana Guru

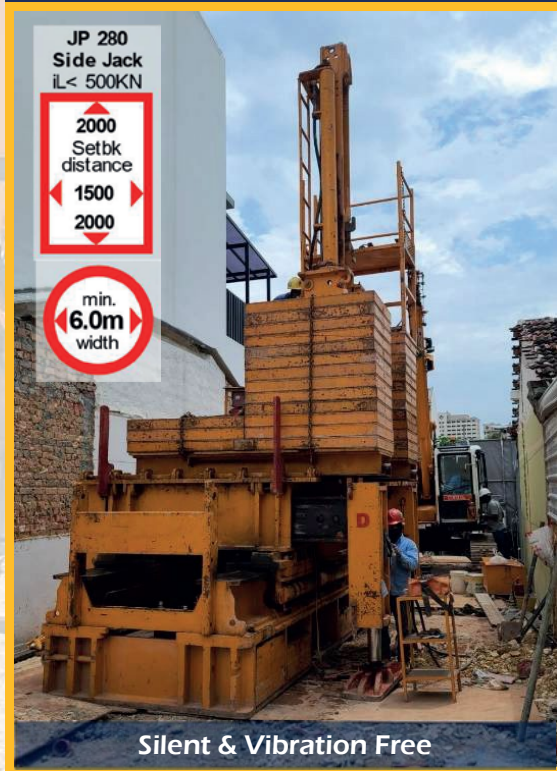
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Bored Micropile



Jack-in Pile





ANNUAL SOUVENIR PUBLICATION 2022



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(Singapore)

Contents

3 Messages

- 4 SNM President, Mr Jayadev Unnithan
- 5 Minister K Shanmugam
- 6 Minister Ong Ye Kung
- 7 Minister Masagos Zulkifli
- 8 Mayor Ms Denise Phua (MP, Jalan Besar)
- 9 AIC CEO, Mr Tan Kwang Cheak
- 10 SNM General Secretary, Ms Shalini Damodaran
- 11 SNM CEO, Mr S. Devendran
- 12 Congratulatory Messages

13 Our Management

21 Gallery

- 22 Guru Jayanthi 2021
- 23 Deepavali 2021
- 24 Pongal 2022
- 25 SNM and Federation of Singapore Indian Organisations (FSIO) MoU Signing
- 26 8th International Day of Yoga
- 27 SNM Management Strategic Retreat
- 28 National Day 2022
- 29 AGM 2022
- 30 Members' Engagement

38 Stories & Poems

41 Advertisements

52 Acknowledgements



Mission

To provide social and community services based on Sree Narayana Guru's teachings.



Vision

Empowering people to lead dignified lives.

Core Values



Daya



Satyam



Shanti



Dharma

Operational Supplement (C.A.R.E)

Compassion

Accountability

Respect

Excellence

Brand Positioning Statement

SNM shall empower everyone to lead dignified lives, by leveraging strong relationships with our partners and the community.



Messages

Messages



Mr Jayadev Unnithan

President

Sree Narayana Mission (Singapore)

This year, we celebrate the 168th birth anniversary of Sree Narayana Guru. The Guru's wisdom has been the guiding light of SNM's vision and mission and as an organisation, we strive to emulate his teachings to do good for the betterment of our fellow man.

This year, we are grateful for the opportunity to organise a physical Guru Jayanthi celebration after a two-year hiatus due to C19 restrictions and we look forward to welcoming our members, partners and the community at large to join us as we commemorate the birth anniversary of Sree Narayana Guru.

Next year, we turn 75 years as an organisation, a significant milestone in SNM's history as we continue to serve and care for the community guided by the principles of Sree Narayana Guru. We have grown over the years, in the work we do, and this would not have been possible without the support of our members, stakeholders, management and staff. It is important for social service agencies to support one another so that we continue to achieve a common goal – to provide a holistic care model for the community.

To that end, we will be managing a new nursing home at Yishun Avenue 6, and a Senior Care Centre in Bedok to go beyond meeting present needs and to be well-positioned for the future as the population of seniors in our community is set to rise. We have begun a progressive recruitment campaign to recruit new talents that will help propel us into the future and unearth new possibilities and create systems, structures, and relationships.

In line with Singapore's masterplan towards a digital nation, we will continue to explore and adopt new technology solutions, which can be implemented in SNM to drive us towards this vision.

SNM will continue to focus on capability and capacity building efforts to better support those in need regardless of race, language, or religion.

On behalf of the Executive Committee, I would like to express my heartfelt appreciation to our Board of Trustees, management, volunteers, staff, members, community partners, donors, and members of the public for their valuable contributions to the Mission over the many years since our establishment.

We welcome anyone who would like to join us to bring positive change to the lives of others as a volunteer, donor, or member.

Universal Values of Righteousness, Truth, Compassion and Peace as propagated by Sree Narayana Guru, define SNM. Guru's teachings on the Oneness of Mankind remains relevant to this day. A symposium on Sree Narayana Guru's teachings to promote Social Harmony in the wider Community will be conducted in the near future.

May this saying of Guru illuminate our way forward.

**Kindliness, Love, Compassion
– these three in essence are one.
It is life's (guiding) star.
"Only those with kindliness are (really) living".
May these words be chanted (remembered).
(Verse 3, Anukampa Dasakam)**

Yours sincerely,

Jayadev Unnithan

President, SNM (Singapore)

Messages



Minister K Shanmugam

Minister for Home Affairs and Minister for Law

Member of Parliament for Nee Soon GRC

Since its opening more than seven decades ago, Sree Narayana Mission has played a crucial role in supporting our community. It started as a gathering place for Sree Narayana Guru's followers to come together and contemplate his teachings. The Mission's footprint has since grown to touch the lives of thousands of Singaporeans through its homes, care centres and programmes for those in need.

Guru Jayanthi 2022 commemorates the 168th anniversary of Sree Narayana Guru's birth. On this special occasion, I wish the Mission the very best as it continues to embody the Guru's teachings, and serve as a source of kindness, love and compassion to all.

Messages



Minister Ong Ye Kung

Minister for Health

Member of Parliament for Sembawang GRC

In line with your vision of "keeping faith with the philosophy and teachings of Sree Narayana Guru to provide social and community services", the Mission has made a very significant and meaningful contribution to reach out and support elderly citizens of all mobilities and social backgrounds in our community.

An example is the Share-a-Pot initiative, in partnership with Khoo Teck Puat Hospital, which has been providing light exercises

and healthy meals to seniors who are prone to social isolation. Through your tireless efforts, you have provided seniors with a safe haven during a vulnerable phase in their lives.

I extend my deepest appreciation to Sree Narayana Mission for your contributions to the community and wish you continued success.

Messages



Minister Masagos Zulkifli

Minister for Social and Family Development

Second Minister for Health & Minister-in-charge of Muslim Affairs

My sincere congratulations to Sree Narayana Mission (SNM) Singapore on Sree Narayana Guru's 168th birth anniversary. The past few years have been an extraordinary period for all of us as we have had to navigate the challenges arising from the COVID-19 pandemic. I would like to express my heartfelt appreciation to SNM for stepping up and continuing to serve individuals and families-in-need.

SNM has supported and empowered vulnerable individuals through its programmes, including the rehabilitation of destitute

persons with chronic psychiatric conditions. We appreciate the efforts of SNM in laying the foundations for a more compassionate and inclusive society in Singapore. Thank you for your partnership in strengthening our community over the years.

Congratulations on your achievements, and may you continue to light up the lives of the vulnerable individuals you serve. Let us press on in nurturing and building lives together.

Messages



Mayor Denise Phua Lay Peng

Mayor, Central Singapore District

Member of Parliament for Jalan Besar GRC

My heartiest congratulations to Sree Narayana Mission (Singapore) [SNM] on your celebration of Sree Narayana Guru Jayanthi 2022.

As one of the most recognised charitable organisations in Singapore, SNM has passionately empowered seniors and the underserved to lead dignified lives since 1948. Many families and individuals have benefited from SNM's wide range of welfare programmes and services.

My Central Singapore Community Development Council team and I are happy to have partnered SNM for your 'Smile With You' initiative through the 'Bless The City' programme sponsored by the Far East Organization and Central Singapore CDC.

Your 'Smile With You' is an art and work therapy to empower entrepreneurship skills to financially disadvantaged single mothers to lead stable, dignified and fulfilling lives.

I am also thankful of your presence serving the seniors and vulnerable residents in the Race Course and Boon Keng vicinity.

I commend SNM for your unceasing dedication and tireless efforts. You have transformed lives! It has been a privilege to serve the community with SNM. On behalf of Central Singapore District, please accept our best wishes for this memorable celebration.

May SNM continue to grow from strength to strength and inspire more to do good for the community.

Messages



Mr Tan Kwang Cheak

Chief Executive Officer
Agency for Integrated Care (AIC)

On behalf of the Agency for Integrated Care (AIC), I would like to extend my heartfelt wishes to Sree Narayana Mission (SNM) on the 168th birth anniversary of Sree Narayana Guru.

Your work in empowering seniors and the underserved to lead dignified lives is an important one. We are most grateful for your support and collaboration in helping seniors, clients and residents live and age well in the community.

Since March 2022, you have been working tirelessly together with AIC to on-board the Care@NH initiative to manage and care for COVID-19 residents on-site. This is a significant milestone for nursing homes as Singapore moves towards a COVID-19 endemic phase. We are thankful for your partnership to help residents recover in familiar surroundings.

You have also kept the seniors at your nursing home and senior care centres socially engaged over the past three years through

the intergenerational programme with AIC and PAP Community Foundation. This initiative has not only benefitted the seniors but has provided pre-schoolers a meaningful channel to engage with the seniors.

All these dedications in serving the community have not gone unseen. We would also like to take this opportunity in congratulating you on winning the "Best Active Ageing Programme – Community", in partnership with Cycling Without Age at the 9th Asia Pacific Eldercare Innovation Awards 2021 as well as 69 Gold and 32 Silver Awards at the Singapore Health Quality Service Awards 2022.

On behalf of everyone at AIC, I thank you for your tremendous support and look forward to more fruitful collaborations as we continue to work closely together, towards touching more lives within the community.

Messages



Ms Shalini Damodaran

General Secretary

Sree Narayana Mission (Singapore)

Dear Members,

Happy Guru Jayanthi!

Our organisation has stood the test of time and more recently weathered the pandemic storm to emerge stronger and more united than ever before. Resilience is the hallmark of any organisation that is clear about the purpose of their existence. Guided by Sree Narayana Guru's core values of Daya, Satyam, Dharma, and Shanti, we have existed to empower those around us to lead dignified lives. As a Social Service Enterprise, we are committed in our mission to provide support to the underserved amongst us regardless of race, language, religion or social standing.

We have served the community faithfully for 74 years and are now moving on to our 75th year. Since the very beginning, we have been steadfast in our resilience and agility. This underscored our ability to consistently provide a high level of service to our residents, clients and beneficiaries despite the many challenges that we have faced, and helped us achieve many significant milestones in the long history of our organisation.

More recently, the 75th Anniversary Heritage Walk in June served as a mark of solidarity with 75 people from across our membership, staff and executive committee walking 7.5 km to mark the start of the Mission's 75th anniversary celebrations. We also hosted a get-together during Iftar in April at our Nursing Home for our Muslim friends and partners from the various faiths where we shared a meal. In August, we collaborated with the Sowers of Novena Church and the Order of Malta (Singapore) to bring meals to our beneficiaries in Pek Kio. Meanwhile members and volunteers reached out virtually to those at-risk as tele-befrienders and spent quality time with them to ease feelings of social isolation during the pandemic.

Serving SNM as Assistant General Secretary for two years and General Secretary for a year has made me realise the needs of the elderly on a deeper level. End of life phases can be a struggle. What can we do to relieve the elderly and their families of the stresses? We have started thinking about providing not just sick care but preventive care more systematically with the advent of Healthier SG. We continue to look into the use of robots, private spaces that emulate a home setting and programmes like adaptive sports and mindfulness meditation to improve the mental and physical dexterity of our residents.

In the next phase of our growth, we would like to focus on providing greater quality care to the elderly. This will require more funds and expertise, the widening of our networks coupled with an acute awareness that we will all age one day and we could all do with some support to age with dignity. Let us all do our bit by helping to raise funds, share our expertise and time, voice our aspirations and join networks. By giving, we lift everyone around us and we all become part of our common humanity. We can all give. No amount of money or time volunteered is insignificant as it all adds up and it inspires those around us to give!

SNM is deserving of more resources given our experience in the elder care space. Not only do we have the expertise and take the training of our staff seriously, we share our expertise with other charities as well. As an organisation, we are committed to improving our understanding of the problems of ageing by listening to the experiences of those impacted, we identify potential partners and funders who share our values, and we are always on the lookout for subject matter experts. We are always willing to learn and strive to keep up with the expectations of the elderly as society evolves. Our EXCO members are committed to the cause to the extent that one member even undertook extensive research in the elder care space by carrying out interviews of the elderly. Such commitment to growth is something that we can be proud of. Moreover, with the help of Government land and resources, we have begun building our second nursing home.

As we move forward, Guru's values should be part of all that we do. We should reflect on these values when deciding how we want to use our resources, expertise and voice. Whatever we do must be guided by these values to ensure that everything aligns and we remain true to the values that have been an integral part of the growth of the organisation.

Inspired by Sree Narayana Guru's life and his values, I believe that every life has equal value, and that everyone should be given the opportunity to lead a dignified life. As we celebrate Guru Jayanthi this year in person and look forward to meeting family and friends over a delicious Keralite sadhya, let us reflect on how we can give to help lift those around us so that everyone is able to lead dignified lives.

May Guru bless you abundantly!

With kind regards

Shalini Damodaran

(General Secretary, Sree Narayana Mission)

Messages



Mr S. Devendran

Chief Executive Officer
Sree Narayana Mission (Singapore)

Dear Members,

After almost three years of the C19 pandemic, the nation has started to adapt towards living with COVID-19 as an endemic disease. I am proud to share that Sree Narayana Mission (Singapore) has not only emerged from C19 stronger but has also grown despite all the challenges.

We have adopted innovation through the implementation of new technologies to better streamline our processes and increase productivity all while providing quality care services to our residents, clients, and beneficiaries. These technologies include Ishine Cloud - a system, which transforms SNM's application landscape and cyber security, a Visitor's Booking Kiosk to allow booking of appointments at the Nursing Home and leveraging on robots - Ecobot Scrubber 50 and Disinfection Robot at Meranti Home to reduce the time spent in cleaning and disinfecting common areas of the Home.

Our staff were trained on data protection to identify and manage risks from an operational perspective to ensure that we continue to observe a strict compliance to governance standards. Safeguarding the personal data of our residents, clients, beneficiaries, donors, and members is extremely important so that we remain a charity of choice in the community. We have leveraged much on information technology to enhance our infrastructure and increase the level of productivity for the work we do daily.

Our healthcare staff continue to battle against the infection wave. Maintaining a constant high level of vigilance is taxing on both the mind and body. Staff care forms an important part of our workplan for 2022 - we have implemented leave clearance as part of our goals to ensure staff have access to ample rest. As an organisation, we have a responsibility to look after our staff across SNM (Singapore) who have selflessly sacrificed so much for the care and safety of others and by doing so, it enables us to create and maintain energetic teams that deliver high value.

This has been rewarded – SNM won the award for Best Active Ageing Programme – Community, in partnership with Cycling Without Age Singapore for 'Moving Generations' at the finale of the 9th Asia Pacific Eldercare Innovation Awards 2021 on December 3rd. We were also finalists in two other categories: Best Dementia Care Programme and Best Day Centre Operator. Our staff also won 69 Gold and 32 Silver awards at the Singapore Health Quality Service Awards, and we were a finalist for Operator of the Year - Residential Aged Care at the 10th Asia Pacific Eldercare Innovation Awards. Our Senior Staff Nurse, Ms Ohm Mar from Meranti Home @ Pelangi Village, was also one of the 125 Nurses who received the Nurses Merit Award in 2022, which recognizes exceptional service and contributions in the field of Nursing.

The hard work of our staff helped to bring Singapore from the pandemic stage to the endemic stage and many restrictions have been eased. This has allowed SNM's Community Programmes team to restart physical activities and attend to the psycho-social and physical wellbeing of our clients and beneficiaries. We continue to build social networks and partnerships among like-minded organisations to better identify the vulnerable in society and cast a greater net of services to ensure that no one falls behind.

As always, SNM remains committed to excellence and aims to enrich the lives of those we touch by empowering them to live dignified lives. We are grateful for the strong support from the Executive Committee, Board of Trustees and Sub-Committees as we embark on this journey.

On behalf of the Management and staff of SNM (Singapore), I wish to thank you all for your continued and generous support.

Best Regards,
S. Devendran
Chief Executive Officer

Congratulatory Messages

The President and Executive Committee, Board of Trustees
and Management of Sree Narayana Mission (Singapore)
would like to

congratulate

Mr Gopinath Pillai

(Former Chairman, Indian Heritage Advisory Centre)
on being conferred

**The Distinguished Service Order, 2022
Darjah Utama Bakti Cemerlang**

National Day Awards 2022

Mr S Premjith

(SNM Member)
on being conferred

**Public Administration Medal (Silver)
Pingat Pentadbiran Awam (Perak)**

National Day Awards 2022

Mr Ajayan Ramachandran

(Member of HR Sub-Committee)
on being conferred

**The Public Service Medal
Pingat Bakti Masyarakat**

National Day Awards 2022

Mdm Mini Surendran Kumari

(SNM Member)
on being conferred

**The Long Service Medal
Pingat Bakti Setia**

National Day Awards 2022

Mrs Choudhary Lina Anil

(SNM Member)
on being conferred

**The Long Service Medal
Pingat Bakti Setia**

National Day Awards 2022

Ms Jaya d/o Chakarapany

(SNM Member)
on being conferred

**The Long Service Medal
Pingat Bakti Setia**

National Day Awards 2022

Mr S. Devendran

(SNM Chief Executive Officer)
on being appointed as

Chairman

Board of Visitors (Drug Rehabilitation
Centres & Anti-Inhalant Abuse Centres),
Singapore Prison Service
(1 September 2022 to 31 August 2025)



Our Management

Administration Committee

Mr Jayadev Unnithan
President

Mr Anil Sarasijakshan
Vice President

Ms Shalini Damodaran
General Secretary

Ms Vidya Sasidharan
Assistant General Secretary

Dr Karthikeyan Adappattu Raman
Treasurer

Ms Anusha Senan
Assistant Treasurer

Executive Committee

Mr Jayadev Unnithan
President

Mr Anil Sarasijakshan
Vice President

Ms Shalini Damodaran
General Secretary

Ms Vidya Sasidharan
Assistant General Secretary

Dr Karthikeyan Adappattu Raman
Treasurer

Ms Anusha Senan
Assistant Treasurer

Committee Members

Ms Bina Damodaran

Mr Divakaran Sabu

Mr Prakash Sadasivan

Mr Raghavan Mohanadas

Ms Sarala Raman

Mr Shanavas Vijayan

Ms Sree Devi Pillay

Mr Sudhesh Vasu Dash

Mr Suraj Senan

Ms Swapna Dayanandan

Mr T.G. Sajir

Legal Advisor

Mr Bhaskaran Sivasamy

Executive Committee Profiles

Mr Jayadev Unnithan

President

Mr Jayadev Unnithan is Director for Surya Trading Enterprise (S) Pte Ltd. He is involved with the community as a grassroots leader, and currently serves as the Chairman of Chong Pang Community Sports Club and Treasurer of Chong Pang Citizen's Consultative Committee. He also chairs the Malayalam Language Education Society. Prior to his election as President, Mr Jayadev served SNM as Trustee for more than 10 years.

Mr Anil Sarasijakshan

Vice President

Mr Anil Sarasijakshan is a Program Director with DHL Express managing customer experience and global programs. He has been a volunteer at Thomson Neighbourhood Committee since 2017 and currently holds the position as Auditor in the committee.

Ms Shalini Damodaran

General Secretary

Ms Shalini Damodaran is a published author of 'Dad and I' and a Mindfulness Writing Coach. She has also published Study Guides to 'A Tapestry of Colours: Asian Short Stories'. Prior to this, she has held various appointments in the Ministry of Education. As teacher educator at the English Language Institute of Singapore, she conducted several Professional Learning Programmes and workshops for teachers island wide. She is a recipient of the Long Service Medal, having served in the Ministry of Education for 39 years. She was involved in several Community Involvement Programmes with her students and teachers. In an attempt to understand and serve the world beyond our borders, she spent a month in rural areas of Zambia providing English Language teachers with professional support.

Ms Vidya Sasidharan

Assistant General Secretary

Ms Vidya Sasidharan is a qualified lawyer who pursued a career as in-house legal counsel for a private family office where she covered Compliance and Corporate Governance matters. She volunteers weekly in local kindergartens reading to children, both in English and French.

Dr Karthikeyan Adappattu Raman

Treasurer

Dr Karthikeyan Adappattu Raman is a Chemical Consultant with years of experience as General Manager, Plant Manager and QC/Technical Manager. His expertise includes operations management, strategic business development and marketing management. He served as Internal Auditor with Holy Tree Sri Balasubramaniam Temple for the period 2017–2019. He also served as a board member with SNM since 2015 and was an Internal auditor with SNM for the period 2013 – 2015.

Ms Anusha Senan

Assistant Treasurer

Ms Anusha Senan is an Industry Manager for Life Sciences and Healthcare in Asia Pacific at a consulting firm. She has been involved with Mission since 2001, and served in the EXCO previously as assistant treasurer and Youth Committee chairperson. She was part of the member teams that launched and ran the Lend-a-Hand program and the SNM Youth Symposium.

Ms Bina Damodaran

Committee Member

Ms Bina Damodaran has held various appointments in the public sector. Her experience includes teaching, managing, and developing national programmes to drive worker productivity and enterprise productivity. She also conducted Business Excellence certification and award assessments and trained assessors and consultants. She has been involved as a board member in SNM for many years.

Mr Divakaran Sabu

Committee Member

Mr Divakaran Sabu is a Plant Superintendent with McConnell Dowell S.E.A Pte Ltd for the last 16 years. He has been the chairman of SNM Cultural Organising Committee for more than 21 years and serves in various committees including member of EXCO, Facilities Redevelopment Sub-Committee, Members Sub-Committee and Meranti Home Management Sub-Committee. He has been serving as a volunteer with Pasir Ris East CC IAEC for the last six years and served as Vice Chairman over the last one year.

Mr Prakash Sadasivan

Committee Member

Mr Prakash Sadasivan is currently a land surveyor. He has been involved in SNM for the past ten years.

Mr Raghavan Mohanadas

Committee Member

Mr Raghavan Mohanadas has been an Education Officer for over 40 years and currently works as the Vice-Principal in an international school in Jakarta, Indonesia. He has been involved in the SNM as an EXCO member in the past and did most of his voluntary work with the Mission.

Executive Committee Profiles

Ms Sarala Raman

Committee Member

Ms Sarala Raman is a Retiree and was previously a Senior Admissions Officer/Registrar in UWCSEA and SJI International. She has been a volunteer in St Anne's Home for the Aged for several years. Currently, she spends a lot of time in Indian Classical Music, playing the veena, violin and singing.

Mr Shanavas Vijayan

Committee Member

Mr Shanavas Vijayan is a Business Consultant focused on digital transformation to improve business processes and has more than 20 years of experience in the information communications and technology sector. Mr Shanavas has served in the SNM EXCO for the last 14 years including two stints as Vice-President and President. He currently chairs SNM's Community Programmes Sub-Committee. He is also an Advisor to Club2Care, a non-profit focused on mental health.

Ms Sree Devi Pillay

Committee Member

Ms Sree Devi Pillay is an Assistant Director with the Accountant General Department, Ministry of Finance handling the portfolio of Finance Transformation projects. Her areas of expertise include system implementation to streamline salaries and claims processing for ministries/statutory boards/organisations of state. She has been a member with SNM since 1998.

Mr Sudhesh Vasu Dash

Committee Member

Mr Sudhesh Vasu Dash is a Head of Department with the Ministry of Education. He also heads SNM's Youth Sub-Committee in youth projects and volunteers for Lighting Hearts, Lighting Homes.

Mr Suraj Senan

Committee Member

Mr Suraj Senan is a Production Manager with Seiko Manufacturing (Singapore) Pte Ltd. His experience includes a demonstrated history of working in the mechanical or industrial engineering industry. He is also a qualified WSH safety committee member representing the management of his organisation.

Ms Swapna Dayanandan

Committee Member

Ms Swapna Dayanandan is an Assistant Director at the Institute of Public Administration and Management, Civil Service College. She is currently on sabbatical leave to pursue a PhD in Gerontology. She is a doctoral candidate with the Singapore University of Social Sciences. In 2018, she was a recipient of the National Day Award - Commendation Medal. In 2021, she was a recipient of the National Day Award - Long Service Medal. She has served as the President of SNM for four years from 2011 - 2015 and has held various leadership roles in the board. She currently chairs the sub-committees for Human Resource and Eldercare Management and is involved in the dementia-friendly design meetings with MOH Holdings for SNM's second Nursing Home.

Mr T.G. Sajir

Committee Member

Having worked in the customer service line for the past 44 years, Mr T.G. Sajir is currently a Duty Manager with SATS at Changi Airport. He has also been a committee member previously at the Mission and served as an Internal Auditor with the last committee.

Board of Trustees

Mr Dileep Nair

Chairman

Dr Asha Karunakaran

Mr Dinesh Vasu Dash

Mr Foo Say Thye

Mr Manu Bhaskaran

Mr Rajesh Sreenivasan

Ms Sunu Sivadasan

Dr Thara Ravindran

Mr V. Bimel Ram

Mr Viswa Sadasivan

Board of Trustees

Mr Dileep Nair

Chairman

Mr Dileep Nair has more than 30 years of experience in governance and public service in the Singapore Civil Service and the United Nations.

He was with the Ministry of Foreign Affairs serving as the High Commissioner to the Republic of Ghana from 2013 to 2016. Prior to that, Mr Dileep was the Ambassador to the Lao People's Democratic Republic from 2011 to 2013 and the Consul-General to the Emirate of Dubai from 2006 to 2010. He was the Under-Secretary-General for Internal Oversight Services at the United Nations from 2000 to 2005.

Mr Dileep is now an Independent Director of Keppel DC REIT, Thakral Corporation Limited, and Singapore Reinsurance Corporation Limited, as well as a Board Member of Health Sciences Authority of Singapore. He is also a part-time lecturer at the Civil Service College of Singapore.

Mr Dileep has been awarded the Public Service Medal (Silver) and the 25-year Grand Award for Community Service by the Singapore Government.

Dr Asha Karunakaran

Dr Asha Karunakaran was previously managing her own dental clinic for over two decades and has since sold her clinic. She continues to practise at Novena Medical Centre and has been an active member of the Singapore Dental Association for close to four decades.

She was a member of the Association's Audit Committee and chaired several other committees most notably, the Ethics and Practice Management Committee.

She held the position of President of the Singapore Dental Health Foundation, a voluntary organisation focused on public health education.

Mr Dinesh Vasu Dash

Mr Dinesh Vasu Dash was appointed as Group Director, Operations Group at the Ministry of Health (MOH) with effect from 20 July 2020.

In his new role, he oversees the translation of the Ministry's mission and intent into operational strategy, plans, and ensures that they are supported with robust systems, processes and resources for the prevention and control of emerging infectious diseases in Singapore, as well as medical preparedness and response to civil disasters and national emergencies, in order to achieve optimal health outcomes for Singaporeans.

Prior to his role in MOH, Mr Dinesh was the Commander of the 2nd People's Defence Force in MINDEF.

He spent 27 years in the SAF and assumed key leadership positions, including Director (Information Directorate) between 2014 and 2016, when he drove MINDEF's communication policy and strategy across the domains of public communications, internal communications and community engagement.

At SNM (Singapore), Dinesh has been serving as Trustee since 2016.

Mr Foo Say Thye

Mr Foo was an institutional stock dealer. He is one of Singapore's most illustrious volunteers, with a resume of beneficiary organisations that includes Sree Narayana Mission (Singapore), SWAMI Home, Christalite Methodist Home, Kwong Wai Shiu Hospital, the Jamiyah organisation, Serving People with Disabilities, PerWanit, Community Centres/Clubs. He is also a volunteer at more than 50 schools, the Community Chest as well as its registered beneficiaries and individuals.

Mr Foo started the Goodie Bag programme – a tie-up with Sheng Shiong to do food distribution event for financially needy families. He was also the visionary force behind Project 100=50, a tie-up with Sheng Shiong, Community Centres/Clubs and grassroots organisations piloted by Heartwarmers volunteer group in 2017. His Year-end Back to School with a Smile programme encourages children from challenging backgrounds to get enthused about school. Mr Foo also started We Love Learning Centre, a centre where children from challenging backgrounds can drop by to read, study, and attend tuition and enrichment classes.

Mr Manu Bhaskaran

Mr Manu Bhaskaran is a Partner of the Centennial Group, a strategic advisory firm headquartered in Washington DC and Founding CEO of its Singapore subsidiary Centennial Asia Advisors. He is also an Adjunct Senior Research Fellow at the Institute of Policy Studies in Singapore while also serving on various advisory and corporate boards such as the Advisory Board of the International Monetary Fund in Asia.

As a director of companies including Japfa Limited which is listed on the Singapore Stock Exchange, he has also been on board committees such as the audit committee and nomination committee. He has also served in the past as a Trustee of international institutions such as The Asia Foundation in Asia and the CFA Institute Research Foundation.

Board of Trustees Profile

Mr Rajesh Sreenivasan

Mr Rajesh Sreenivasan heads the Technology, Media & Telecommunications Practice at Rajah & Tann, and is the co-founder & Director of two legal tech entities, Rajah & Tann Technologies and Rajah & Tann Cybersecurity. He has been advising clients on matters relating to technology, cybersecurity, data protection, telecommunications, electronic commerce, distributed ledger technology implementations, cloud computing, artificial intelligence, blockchain, digital forensics and social media for over twenty years.

Mr Rajesh is unanimously ranked as a Tier 1 lawyer for TMT in publications such as Chambers Asia Pacific and The Legal 500 Asia Pacific since 2008. He was also recognised as Lawyer of the Year in Media Law by Best Lawyers 2021, and an Elite Practitioner in Technology and Telecommunications by Asialaw Profiles 2021.

As Rajah & Tann Asia's Technology Advisor, Mr Rajesh played a major role in moving the network forward in digitalisation, and as a result, garnering the accolade of being the winner of "Law Firm Strategy" at the Financial Times (FT) Innovative Lawyers Asia-Pacific Awards 2020.

Ms Sunu Sivadasan

Ms Sunu Sivadasan was an Education Officer (LEAD Teacher) with MOE. She was a professional and pedagogical leader who guided teachers (School, Cluster and Zone) in quality teaching and learning. After retiring this year, Sunu continues to be a flexi adjunct Education Officer.

She was also a Mentor Coach at MOE HQ (AST) and trained MOE teacher-mentors in Instructional Mentoring and Coaching, for effective teaching and learning.

She currently serves as the Vice-President of Singapore Malayalee Association and is a Director with SMA Care Limited - CareLight Wellness Centre for Seniors.

Dr Thara Ravindran

Dr Thara Ravindran is currently a Research Fellow in Entrepreneurship & Innovation, Division of Information Technology and Operations Management, Nanyang Business School, Nanyang Technological University.

She was involved in a successful grant application of The CityPulse Project for the Ministry of National Development, which is the highest grant secured by Nanyang Business School and was part of the management of a National Research Foundation (NRF) funded project on entrepreneurship and innovation.

She served as a consultant for Continental Singapore, developing a global business strategy for their global robotics division and worked on a project to ensure commercialization and usability of robotic prototypes developed by Continental Singapore.

Mr V. Bimel Ram

Mr V. Bimel Ram started as a news and Current Affairs Producer, Reporter, Presenter and Editor in the 90s. He also conducts training workshops and seminars in team building and media related areas. Event organising is another area of interest. He has spearheaded several medium and large-scale projects that include the establishment of four Guinness World Records. He is a self-confessed 'lifetime volunteer' and serves in various organisations and committees, beginning with SNM in the 70s. He has led and serves as Advisor to several other organisations.

Mr Viswa Sadasivan

Mr Viswa Sadasivan is CEO of Strategic Moves – a corporate strategy consultancy and training practice. Over the past 35 years, he has held various public sector leadership positions that require a deep appreciation for governance. Mr Viswa served on several public sector boards including the Media Development Authority, and SPRING Singapore where he was co-chairman of the Audit Committee. He served on the Executive Committee of SINDA as Vice President for a decade, and subsequently on its Board of Trustees.

Mr Viswa is also Chairman of the Nominations Committee of the National Youth Achievement Award Council and was on the board of the Singapore International Mediation Centre. He served on the national Economic Review Committee and the Singapore 21 Committee.

For 41 years, Mr Viswa was a National Service Army officer holding the rank of Colonel in the last 9 years as Deputy Director of Joint Operations in the SAF. He was a Nominated Member of Parliament from 2009 to 2011.

At the age of 32, Mr Viswa served as President of then-Singapore Kerala Association (now Singapore Malayalee Association) for one term.

Key Management Executives

Mr S. Devendran

Chief Executive Officer

Ms Jezsica Ida Su

Head of SNM Nursing Home

Mr Sajeev Sivarama Pillai

Head of Meranti Home @ Pelangi Village

Ms Joanna Ng

*Head of Senior Care Centre
& Home Care*

Ms Ravethi Achutan

*Head of Community Programmes
& Volunteer Management*

Mr Anbalakan S/O Rengayyan

Head of Facilities & Projects

Mr Colman Emmanuel

Head of Operations

Ms Khirrtana M.A.K

Head of Human Resource & Administration

Ms Nishani Hassan

Head of Corporate Communications

Ms Premalatha Sadhasivan

Head of Corporate Governance

Mr Sunil Kumar

Head of Finance

Mr Selvadurai Manikam

Head of Community Engagement & Donor Relations

Ms Yogeswari Chandrasekaran

*Head of Social Work,
(SNM Nursing Home) & Programmes*



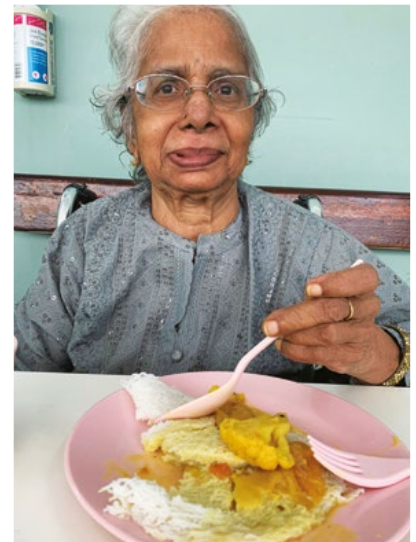
Gallery

Guru Jayanthi 2021



Deepavali 2021

Due to COVID-19 restrictions, Deepavali in 2021 was held virtually. Donors helped spread Deepavali cheer by donating food and snacks to keep our residents smiling!



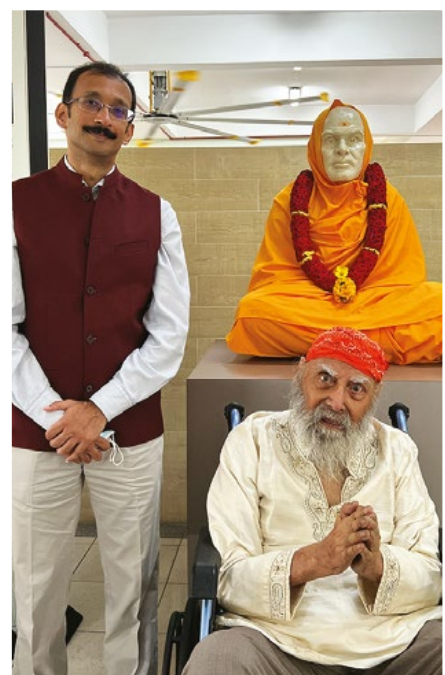
Pongal 2022



SNM and Federation of Singapore Indian Organisations (FSIO) MoU Signing



8th International Day of Yoga



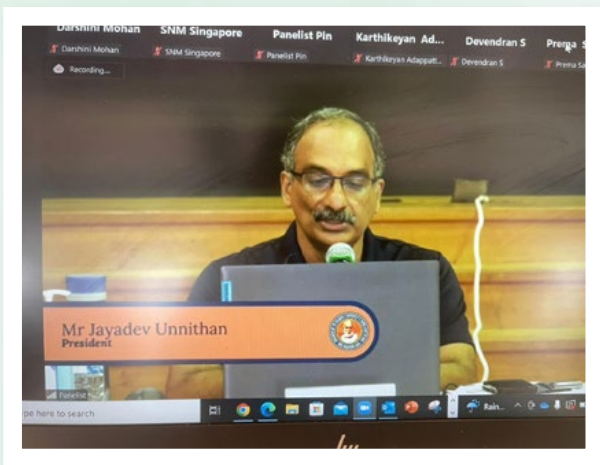
SNM Management Strategic Retreat



National Day 2022



AGM 2022



Members' Engagement

Sky Ride and River Cruise



Baking Class





Stories
&
Poems

Stories & Poems

Reflections and Milestones of the SNM

By R Asokan

I have always been active with the Sree Narayana Mission (SNM) ever since I was a schoolboy. I joined as a Life Member in March 1972 while I was doing my National Service. The subscription fee for Life Membership was \$50 then and it was a one-off payment while Ordinary membership was pegged at \$6 per annum. I was elected into the SNM Executive Committee on 5 February 1978 and continued to serve until 30 June 2002. I like to take this opportunity to reminisce and share some of my fond memories of SNM activities.

Flag Day

In May 1961, the SNM staged its first Flag Day and it so happened to fall on a Saturday. In those days, Saturdays were school days so I had to obtain parental permission to not attend school that day. My sister and I started our collection of donations in the Nee Soon Area early in the morning and we were accompanied by an adult volunteer. We had to carry a tin for the collection of coins (sometimes dollars!). A box, containing saffron paper badges bearing the message of Sree Narayana Guru, was hung around our necks. There were many students like us collecting donations all around Singapore. The street collection came to an end at about 6.00 p.m. and the total collection raised for the day was about \$8000!

Onam and Guru Birthday Celebrations

In 1965, the SNM hosted a week-long Onam and Guru Birthday celebrations from the 6 to 12 September. At that time, the Sree Narayana Mission was located at 48 Soon Keat Road, in Sembawang. A public forum, with distinguished speakers, was held on the last day which served as a befitting climax. I was a student at the Naval Base Secondary School and I attended the event with my father.

The event became part of the annals of the SNM as it was the first public engagement made by founding Prime Minister Lee Kuan Yew after Singapore gained independence on 9th August that year. He had visited the SNM previously in 1963 as part of an Elections campaign and would later attend the Onam and Guru Birthday celebrations again in 1967.

As guest of honour, Mr Lee arrived at the venue at 11 a.m. on 12 September 1967 and addressed the crowd after the welcome addresses by then General Secretary Mr Devadasa Panniker and by Mr M K Bhasi, who was the SNM President at the time. Mr Lee spoke in both Malay and English. He spoke with clarity and passion and the large audience (mostly comprising Indians) listened with rapt attention. He left at 12.30 p.m., after presenting bursaries worth \$100 each to ten students.

Students' Forum

The first public forum for students was held during the Guru's Birthday on Sunday, 13 September 1970. It was the first of the many such forums and youth camps to be held. The theme of the forum was "The Conflict of Generations". The Patron of the Sree Narayana Mission and Member of Parliament (MP) for Sembawang, Mr Teong Eng Siong, was present while the Guest of Honour was Inche Mohd Ghazali Ismail, then Parliamentary Secretary to the Ministry of Education. The Forum was well attended by many pre-university students from various schools in Singapore. The panel of speakers comprised of Dr Sharon Ahmat, Dr Gwee Ah Leng, Mr G. G. Thomson, Mr Gerald D'Cruz and Dr Nalla Tan.

It started at 6.00 p.m. and it was a lively session with active student participation, which ended at 9.00 p.m.

The Concert

On Sunday, 27 June 1976, an international "All Stars '76 Charity Show" was organised to raise funds for the Sree Narayana Mission Building Fund at the National Theatre. Resident bands from some of the best hotels performed together during the evening with the likes of Alley Cats from Malaysia, Sweet Charity from Singapore, The New Minstrels from Philippines, Casino from Indonesia, Shiners from New Zealand, Talisman from Karachi, etc. The National Theatre was packed with a young boisterous crowd and the event was sponsored by Texwood Jeans.

Home for the Aged

By end of 1978, the Government's Bases Economic Conversion Division offered the Mission's management with a two double-storied brick building at 87 & 89 Canberra Road, to manage a Home for the Aged. The Home started operations on 18 February 1979 with four residents. A "Sree Narayana Mission Home for the Aged Fund" was also launched. We had a dedicated volunteer doctor in Dr Seng Kwang Meng, who used to see the residents of the Home regularly. Another doctor who helped for many years during the early years was Dr Nadarajan, who used to run a clinic in Sembawang.

By October 1980 there were 51 residents living in the Home and some of them helped the Mission during the annual Flag Days. There used to be many visitors, volunteers and other well-wishers at the Home. Dr Tony Tan Keng Yam, then a Member of Parliament (MP) for Sembawang, used to visit the Home during the Chinese New Year celebrations to distribute 'hongbaos' to the residents. He also declared the Canberra premises officially opened on 22 February 1981, at a ceremony well attended by members of the Mission. The Home remained in this location until 22 October 1983.

On 23 October 1983, the SNM was shifted to a new premise at the former Sembawang Hospital. Some 50 members of the Singapore Armed Forces and 200 members of Chong Hua Tong Tou Teck Hwee, a Chinese Association, joined hands in assisting with the shifting operations. The new premises were completed in June 1993 and residents were moved into the new Home on 6 February 1994.

These are some of my reflections on the journey of Sree Narayana Mission which I have treasured all these years. I am so proud to be part of the SNM traditions, culture, activities and monumental development while walking in the footsteps of my late parents, who were pioneers in the 1950s.

Stories & Poems

One night, on the last train to Jurong

By G.P. Sasidharan

Hurrying through an unusually quiet Raffles Place,
I descended the steep and silent escalator,
to the cavernous belly of the station;
knowing that the last train to Jurong,
would soon be approaching.
I looked up and murmured in relief.
"Ah! Three more minutes."
Settling on a concrete bench,
I looked around. Two metres away,
stood an old man, fidgeting,
seemingly impatient to get home.
Nearby, two 'executives', brief cases in hand,
engaged in an animated, but whispered chat.
As the train arrived and doors slid open,
we hurried into the last coach.
The doors began to slide shut,
as a young couple rushed in,
giggling and hugging each other.
Settling on the vacant seats opposite
and ignoring all else,
they whispered, kissed and cuddled,
as the old man promptly dozed off.

The train sped on,
stopping at stations,
disgorging and picking up weary commuters.
The speeding train kept the couple busy,
as the 'busy executives' gazed at them,
grinning, nodding and shaking their heads.
Arriving at Braddell, the old man woke, on cue,
and shuffled out, as the doors opened.
As the train slowed and stopped at Bishan,
the 'executives' alighted, albeit reluctantly.
The young man smiled at me.
Returning the gesture, I nodded
as the train sped on.
On reaching Canberra, I stood up,
muttered, "Good night!" and
began the short stroll home.



Stories & Poems

ഇതിലേ നടന്നവർ

By Mr M K Bhasi

ഇതിലേ നടന്നവർ,
ഈമണൽത്തരികളിൽ
മായാത്ത പദമുദ്ര
വീഴ്ത്തിയീ വഴികളി -
ലുടേ നടന്നവർ,

തപ്പമീ മണ്ണിന്റെ
പൊള്ളുന്ന ദുഃഖങ്ങൾ
സ്വന്തമാത്മാവിലേയ് -
ക്കൊപ്പിയെടുത്തവർ,

തിരയുള്ള, ചുഴിയുള്ള
കടലിന്റെ നടുവിലു -
ടൊരു നീലരാത്രിയിൽ
എതിരേ തുഴഞ്ഞവർ,

അലിവിന്റെ നനവുള്ള
വീരൽ മുദ്ര ചാർത്തിയീ
വഴികളിലിന്നലെ -
യെങ്ങോ മറഞ്ഞവർ,

ഒരു നാദധാരയിൽ
സ്വരരാഗ ഗംഗയിൽ
ഒരു നേർത്ത ലയമാ -
യലിഞ്ഞങ്ങു ചേർന്നവർ,

അവർ പണ്ടു പാടിയ
പഴയ ഗാനങ്ങളെ
പുതിയൊരീണത്തിലായ്
തുടരുന്നതെങ്ങിനെ?
അറിയാതെ ഞാനിരിക്കുന്നു.

അവരാണു തന്നതെ -
ന്നോർമ്മകൾക്കീമഴ -
വില്ലെന്നു ഞാനറിഞ്ഞില്ല.

അവരാണു തന്നതെൻ
കൈകളിലീമുള -
ന്തണ്ടെന്നു ഞാനറിഞ്ഞില്ല.

അവരാണു തന്നതെൻ
കരളിനീത്തീക്കനൽ
അതു ഞാനറിഞ്ഞതേയില്ല.

അവരിന്നുമെരിയുന്നു
തിരിനാളമായുള്ളിൽ
അതു മാത്രമാണു ഞാനറിവു -
അതുമാത്രം ...അതുമാത്രം...അറിവു. •

Stories & Poems

The Mirror

By Mr S. Devendran



The Mirror does not speak,
But you can hear what it says,

It speaks to your soul
Through that unbroken gaze

Your conscience laid bare,
Through that reflection there,

Four values that remind anew,
That it must begin with you

Stories & Poems

Share a Pot @ Home

On July 3, SNM collaborated with Novena Church Sowers and Order of Malta Singapore for Share a Pot @ Home, an initiative by Khoo Teck Puat Hospital (KTPH) and Tan Tock Seng Hospital (TTSH) under National Healthcare Group, aimed to build brawns, brains and bonds through broth.

We were heartened to have more than 100 volunteers from The Sowers Novena and Order of Malta (Singapore) coming together in community solidarity to cook the soup and deliver these to more than 300 SNM beneficiaries and their families. The soup was prepared in the kitchen of the Church of St. Alphonsus, where our dedicated volunteers joined hands to cook a healthy pot of soup based on a recipe which was carefully put together by the dieticians at KTPH. Along with the soup, our volunteers also put together a goodie bag for our beneficiaries.



SNM CEO, Mr Devendran, and HE Archbishop Marek Zaleski, flagged off the cars as they left the premises with many cheers and waves for our fellow volunteers at the event. Mdm Ng Ah Moy, an SNM beneficiary, said that she was thankful for the food that was delivered to her and shared that the Share a Pot programme helps her stay active and meet new people.

This event was a kick-off leading to the resumption of Share a Pot at Pek Kio CC on the 9th of July.

We wish to sincerely thank all our participants, organisers, and volunteers for the wonderful support at this event.



SNM Stories

SNM's 75th Anniversary Heritage Walk

To commemorate the start of our 75th anniversary, SNM organised a Heritage Walk for our members and staff on June 18th, 2022. Joining us were volunteers from SNM Youth, Agilent Technologies (Singapore), Red Cross First Aid Volunteers, and SNM volunteers, who braved the morning sun.

The walk consisted of a group of 75 cheerful participants, who walked 7.5km to usher in our 75th year of service to the community. The walk trailed from the Momentary Monument to the site of SNM's second nursing home along Yishun Ave 6 before ending at our existing nursing home at Yishun Ave 5.

The Momentary Monument was where Singapore's founding Prime Minister, Mr. Lee Kuan Yew made his first public appearance after his televised public announcement of Singapore's separation from Malaysia on 9th August 1965. His appearance on 12 September 1965 was made at the former Sree Narayana Mission, which stood at No. 48 Soon Keat Road, where he delivered his clarion 'Never Fear' call to all Singaporeans. Today, this spot stands at 313 Sembawang Drive.



Mr Sudhesh, an SNM EXCO member, who is also part of SNM's Youth Group said "It was great seeing members and stakeholders of SNM of all ages coming together for the SNM 75th Anniversary Heritage Walk. Volunteering for this event gave me the chance to see some of the members I had not seen in a long time. Just seeing the smiles on their faces and feeling their energy made it all worthwhile."

Ms Celia from Agilent Technologies Singapore said "It has been an honour to be able to participate in the SNM 75th anniversary walkathon as road marshals. The team in SNM coordinated the event very well. It is great to see all the smiling and happy faces during the walk and very fulfilling day indeed!"

Our celebrations also provided our participants the opportunity to do voluntary service, where they put their hands together to clean some of the residents' wheelchairs.

Assoc Prof Faishal Ibrahim, Minister of State, Ministry of Home Affairs & Ministry of National Development, graced our event as Guest-of-Honour and shared words of appreciation for the contributions of SNM to the community over the last 74 years. The event concluded with a sweet serving of cake for all, and our Resident's Committee Chairman, Mr Eric Lim, presented a token of appreciation to Assoc Prof Dr Faishal Ibrahim.

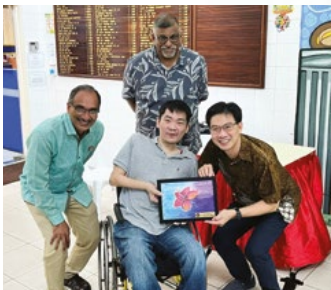
SNM Stories

Iftar at SNM

With the easing of C19 restrictions and Singapore slowly moving back to normalcy, SNM took the opportunity to welcome its community partners and friends by organising a small iftar gathering!

Joining us as Guest-of-Honour was Mr Derrick Goh Soon Hee, Member of the Singapore Parliament and Advisor for Nee Soon GRC, who, along with community leaders and partners from various faiths, attended Iftar at our Nursing Home. Our Residents Committee were also present and were extremely happy to be a part of this event as they mingled with the guests.

It was a wonderful opportunity to strengthen community bonds. More importantly, the event was a long-missed gathering of friends meeting in person over dinner, and the event was one filled with smiles and scenes of friends reminiscing together after the prolonged physical isolation brought about by C19.



SNM Stories

Caregiver and Volunteer Awards 2022

Rotary Club of Singapore West (RCSW) held their Caregiver and Volunteer Awards at the Grand Hyatt Hotel on 19 May 2022 to recognise and honour caregivers and volunteers from five nursing homes. Sree Narayana Mission (Singapore)'s Nursing Home is honoured to be one of the five Nursing Homes recognised alongside Jamiyah Nursing Home, Ling Kwang Home for Senior Citizens, Society for the Aged Sick and St Theresa's Home.

Mdm Rahayu binte Mahzam, Parliamentary Secretary at the Ministry of Health and Ministry of Communications and Information, presented the awards to the recipients in which an Exemplary Caregiver Award winner would receive \$1000, and a Deserving Volunteer recipient would receive \$600.

Mr Jeremy Kosman, President of Volunteer Guitar Connection (VGC) was awarded the deserving volunteer award for his work with the residents of Sree Narayana Mission (Singapore) Nursing Home and Meranti Home @ Pelangi Village. He has been conducting weekly guitar performances with other members of VGC since 2004.

Mdm Sidambaram Sundrambal was awarded the Exemplary Caregiver Award for her longstanding efforts in taking care of her brother, who is currently a resident at our Nursing Home, since before he was admitted to SNM.



Nurses Merit Award



Senior Staff Nurse (SSN) Ms Ohm Mar Kyaw from Meranti Home @ Pelangi Village was one of the winners of the Nurses Merit Award that was held on July 6, 2022. The award honours the sacrifices nurses have made during the C19 period and recognises those who have gone above and beyond the call of duty. SSN Ohm Mar has been serving our residents at Meranti Home as Senior Staff Nurse since 2017 and has grown from strength to strength over the years.

On winning the award, Ms Ohm Mar shared that winning the award brought her happiness and that it elevated her sense of confidence to continue doing her best as a nurse.

"I feel great satisfaction in the work I do and would like to thank SNM management for their support. I treat every day as a fresh start in my life. Self-respect, values, morals are my words to live by."

Our nurses played an invaluable role in bringing comfort, care and compassion to our residents and clients during the COVID-19 pandemic, with many going above and beyond in their service, giving their all for their fellows. SNM acknowledges and thanks all our nursing staff for their service and continual efforts to care for those we serve to the best of their abilities, following the inspiration of the teachings of Sree Narayana Guru.

SNM Stories

9th Asia Pacific Eldercare Innovation Awards 2021

SNM recently won the award for Best Active Ageing Programme – Community, in partnership with Cycling Without Age Singapore for 'Moving Generations' at the finale of the 9th Asia Pacific Eldercare Innovation Awards 2021. SNM also qualified as finalists in two other categories: Best Dementia Care Programme and Best Day Centre Operator.

The efforts of SNM's staff from the Donor Relations and the Senior Care Centre Teams, as well as their community partners and volunteers from Cycling Without Age Singapore largely contributed to this success.



10th Asia Pacific Eldercare Innovation Awards 2022

SNM was also the finalist for Operator of the Year - Residential Aged Care at the 10th Asia Pacific Eldercare Innovation Awards Ceremony. Mr S Devendran; SNM's CEO, was a panellist at the 2022 World Ageing Festival for a panel discussion on 'Community Care and Health of Seniors Tomorrow - What Can We Do Better Today?', where he shared about the future of the social service sector in Singapore. Other panellists included the CEOs of St. Luke's, Peacehaven (Salvation Army) and Kwong Wai Shiu.



Singapore Health Quality Service Awards (2022)

SNM received 32 Silver and 69 Gold awards in the Singapore Health Quality Service Awards (2022) that was held on the 8th of February 2022.

This prestigious award has been organised by SingHealth Duke-NUS Academic Medical Centre since 2011 and is Singapore's first dedicated platform to honour outstanding healthcare professionals who have delivered quality care and excellent service to those in their care.

SNM is honoured that our healthcare professionals are recognised as valued partners in the healthcare landscape of Singapore who are willing to go the extra mile. There is so much good that we can do, and we are glad to help in whatever way we can!





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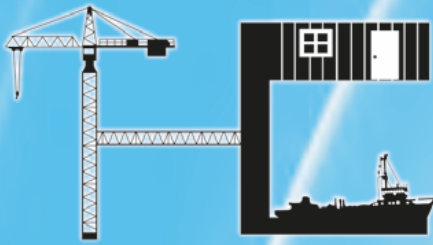
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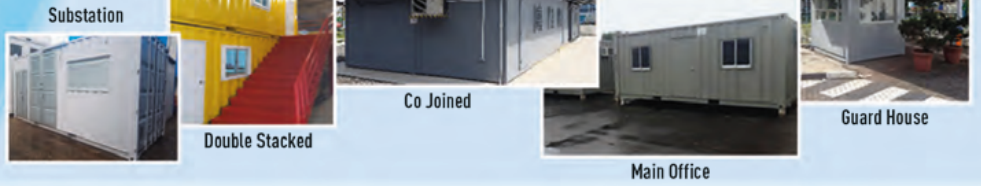
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